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READER'S TYPIKA ON SUNDAY, MARCH 15, 2026

(40<sup>th</sup> Sunday after Pentecost & 3<sup>rd</sup> Sunday in Lent)

***The Veneration of the Precious and Life-giving Cross***

*Leader:* Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us, and save us.

*Reader:* Amen.

THE TRISAGION PRAYERS

*People:* Holy God, Holy Mighty, Holy Immortal: have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for thy Name's sake.

Lord, have mercy. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen

Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

*Leader:* O Lord, Jesus Christ, Son of God, have mercy on us.

*All:* Amen.

*Reader:* Lord, have mercy. (*12 times*)

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen.

O come, let us worship and fall down before God our King.

O come, let us worship and fall down before Christ, our King and our God.

O come, let us worship and fall down before the Very Christ, our King and our God.

THE FIRST ANTIPHON: PSALM 102

*Reader:* Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgement for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered, neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them

that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen

*And again:* Bless the Lord, O my soul, and all that is within me bless His holy Name; blessed art Thou, O Lord.

### THE SECOND ANTIPHON: PSALM 145

*Reader:* Glory to the Father, and to the Son, and to the Holy Spirit.

Praise the Lord, O my soul. I will praise the Lord in my life, I will chant unto my God for as long as I have my being. Trust ye not in princes, in the sons of men, in whom there is no salvation. His spirit shall go forth, and he shall return unto his earth. In that day all his thoughts shall perish. Blessed is he of whom the God of Jacob is his help, whose hope is in the Lord his God, Who hath made heaven and the earth, the sea and all that is therein, Who keepeth truth unto eternity, Who executeth judgement for the wronged, Who giveth food unto the hungry. The Lord looseth the fettered; the Lord maketh wise the blind; the Lord setteth aright the fallen; the Lord loveth the righteous; the Lord preserveth the proselytes. He shall adopt for His own the orphan and widow, and the way of sinners shall He destroy. The Lord shall be king unto eternity; thy God, O Sion, unto generation and generation.

Both now and ever, and unto ages of ages. Amen.

### THE HYMN OF JUSTINIAN

*Choir:* Only-begotten Son and Word of God, who art immortal, who for our salvation willed to be incarnate of the Holy Theotokos and ever-virgin Mary, and without change became man; and wast crucified, O Christ our God, and trampled down death by death; who art one of the Holy Trinity, glorified together with the Father and the Holy Spirit: save us.

### THE BEATITUDES IN TONE SEVEN

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

- Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- Blessed are they that mourn, for they shall be comforted.

For the Resurrection in Tone Seven

*Verse 10: Blessed are the meek, for they shall inherit the earth.*

Comely to behold and good for eating was the fruit that slew me. Christ is the Tree of Life, and eating thereof, I shall not die; but I cry out with the thief: Remember me, O Lord, in Thy Kingdom.

*Verse 9: Blessed are they that hunger and thirst after righteousness, for they shall be filled.*

When Thou wast raised up on the Cross, O Compassionate One, Thou didst blot out the handwriting that was against Adam for the sin of old, and Thou didst save the whole race of mortals from error. Wherefore, we praise Thee, O Benefactor and Lord.

*Verse 8: Blessed are the merciful, for they shall obtain mercy.*

Thou didst nail our sins to the Cross, O Compassionate One, and by Thy death, O Christ, Thou didst put death to death; and Thou didst raise from the dead them that had died. Wherefore, we worship Thine august Resurrection.

*Verse 7: Blessed are the pure in heart, for they shall see God.*

The serpent once poured forth venom into the ears of Eve. But Christ, while upon the Tree of the Cross, poured forth the sweetness of life for the world. Remember me, O Lord, in Thy Kingdom.

*Verse 6: Blessed are the peacemakers, for they shall be called the sons of God.*

Thou wast placed in a tomb as a mortal, O Christ, Thou Life of all. Thou didst break the bars of Hades, and arising in glory on the third day as one mighty, Thou didst enlighten all. Glory be to Thine Arising.

*Verse 5: Blessed are they which are persecuted for righteousness' sake, for theirs is the kingdom of heaven.*

When the Lord arose from the dead on the third day, He gave His peace unto the disciples; and having blessed them, He sent them forth, saying: Bring ye all men into My Kingdom.

For the Third Sunday of Great Lent<sup>1</sup> In Tone One

*Verse 4: Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.*

Thou hast crushed death, O Christ, and risen as a mighty King; / Thou hast recalled us from the depths of hell and brought us to the land of immortality, // granting us the joy of the Kingdom of Heaven.

*Verse 3: Rejoice, and be exceeding glad, for great is your reward in the heavens.*

O ye faithful, let us cry aloud with joy and sing triumphantly to God, / as we greet the Cross of the Lord; // for it is a fountain of holiness to all those in the world.

*Verse 2: Glory to the Father, and to the Son, and to the Holy Spirit.*

The words of the Psalmist are fulfilled: / for see, we worship at the footstool of Thy most pure feet, O Lord all-powerful, // at Thy Precious Cross, the thrice-blessed Wood.

*Verse 1: Both now and ever, and unto ages of ages. Amen.*

O Ewe free from blemish, the greatest wonder of all wonders was revealed in you: / for you have borne the Lamb that takes away the sin of the world. // Entreat Him fervently for those who sing your praises.

THE SUNDAY EISODIKON

*Verse:* O come, let us worship and fall down before Christ.

*Choir:* O Son of God, Who art risen from the dead; save us who sing unto Thee: Alleluia, Alleluia, Alleluia.

*Apolytikia:*

RESURRECTIONAL APOLYTIKION IN TONE SEVEN

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION FOR THE HOLY CROSS IN TONE ONE

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserve Thy community.

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<sup>1</sup> These troparia are taken from the 6<sup>th</sup> Ode of the Matins Canon, cf. Slavic Typikon.

APOLYTIKION OF ST. MARY MAGDALENE IN TONE ONE

*(\*\*The soldiers standing guard\*\*)*

When Christ God had been born for our sakes from the Virgin, thou faith-fully didst follow Him, keeping His statutes and heeding His sacred laws, O august Mary Magdalene. Hence, as we today observe thy holy remembrance, we receive the loosing of our sins and transgressions through thy holy prayer(s) for us.

THE ANTI-TRISAGION HYMN

*Instead of "Holy God..." we sing:*

*Choir:* Before Thy Cross, we bow down in worship, O Master; and Thy holy Resurrection we glorify. (3 times)

Glory to the Father and to the Son and to the Holy Spirit; both now and ever and unto ages of ages. Amen.

And Thy holy Resurrection we glorify.

Before Thy Cross, we bow down in worship, O Master; and Thy holy Resurrection we glorify.

THE APOSTOLOS & THE GOSPEL

PROKEIMENON, IN TONE 6

O Lord, save Thy people and bless Thine inheritance. (Ps.27:9a) {twice}

*Verse:* Unto Thee, O Lord, will I cry; O my God, be not silent unto me. (Ps.27:1a)

O Lord, save Thy people and bless Thine inheritance.

APOSTOLOS FOR THIRD SUNDAY IN GREAT LENT:

*Reader:* The reading is from the Epistle of St. Paul to the Hebrews §304 (1:10-2:3)

Brethren, since we have a High Priest, Who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but One Who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt Himself to be made a high priest, but was appointed by Him Who said to Him, "Thou art My Son, today I have begotten Thee"; as He says also in another place, "Thou art a priest forever, after the order of Melchizedek."

ALLELUIA, IN TONE 1

*Choir:* Alleluia, Alleluia, Alleluia.

*Verse 1:* Remember Thy congregation which Thou hast purchased from the beginning. (Ps.73:2)

*Choir:* Alleluia, Alleluia, Alleluia.

*Verse 2:* God is our king before the ages; He hath wrought salvation in the midst of the earth. (Ps.73:13)

*Choir:* Alleluia, Alleluia, Alleluia.

GOSPEL FOR THIRD SUNDAY IN GREAT LENT

*Reader:* The reading is from the Holy Gospel according to St. Mark §37 (8:34-9:1)

*Choir:* Glory the Thee O Lord, Glory to Thee.

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My

sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And Jesus said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."

*Choir:* Glory the Thee O Lord, Glory to Thee.

*Then we sing the following, in tone 6*

*Choir:* Remember us, O Lord, when Thou comest in Thy kingdom.

- Remember us, O Master, when Thou comest in Thy kingdom.
- Remember us, O Holy One, when Thou comest in Thy kingdom.

The heavenly choir praiseth Thee and saith: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

*Verse: Come unto Him, and be enlightened and your faces shall not be ashamed.*

The heavenly choir praiseth Thee and saith: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

The choir of Holy angels and archangels, with all the heavenly hosts praiseth Thee and saith: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

*Both now and ever, and unto the ages of ages. Amen.*

### THE SYMBOL OF FAITH

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible;

And in one Lord Jesus Christ, the Son of God, the Only-begotten, Begotten of the Father before all worlds, Light of Light, Very God of Very God, Begotten, not made; of one essence with the Father, by whom all things were made: Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and was made man; And was crucified also for us under Pontius Pilate, and suffered and was buried; And the third day He rose again, according to the Scriptures; And ascended into heaven, and sitteth at the right hand of the Father; And He shall come again with glory to judge the living and the dead, Whose kingdom shall have no end.

And I believe in the Holy Spirit, the Lord and Giver of Life, Who proceedeth from the Father, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets;

And I believe in One Holy Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins. I look for the Resurrection of the dead, And the Life of the world to come. Amen.

*Leader:* Remit, pardon, forgive, O God, our offenses, both voluntary and involuntary, in deed and word, in knowledge and ignorance, by day and by night, in mind and thought; forgive us all things, for Thou art good and the Lover of mankind.

*All:* Amen

Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we

forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

*Leader:* O Lord Jesus Christ, Son of God, have mercy on us.

*All:* Amen.

*Kontakia:*

KONTAKION OF THE CROSS, IN TONE SEVEN

No longer doth the flaming sword guard the gate of Eden, for a marvelous quenching is come upon it, even the Tree of the Cross. The sting hath been taken from death, and the victory from Hades. And Thou, my Saviour, hast appeared unto those in Hades, saying: Enter ye again into Paradise.

KONTAKION FOR SUNDAYS IN GREAT LENT  
(AND AKATHIST SATURDAY) IN TONE EIGHT

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

*Leader:* Lord, have mercy. (12 times)

O All-Holy Trinity, the consubstantial dominion, the indivisible Kingdom, and cause of every Good: Show Thy good will even unto me a sinner; make steadfast my heart and grant it understanding, and take away mine every defilement; enlighten my mind that I may glorify, hymn, worship, and say:

*Choir:* One is Holy, One is Lord, Jesus Christ, to the Glory of God the Father. Amen.

PSALM 33

*Reader:* Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen

I will bless the Lord at all times, His praise shall continually be in my mouth. In the Lord shall my soul be praised; let the meek hear and be glad. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me, and delivered me from all my tribulations. Come unto Him, and be enlightened, and your faces shall not be ashamed. This poor man cried, and the Lord heard him, and saved him out of all his tribulations. The angel of the Lord will encamp round about them that fear Him, and will deliver them. O taste and see that the Lord is good; blessed is the man that hopeth in Him. O fear the Lord, all ye His saints; for there is no want to them that fear Him. Rich men have turned poor and gone hungry; but they that seek the Lord shall not be deprived of any good thing. Come ye children, hearken unto me; I will teach you the fear of the Lord. What man is there that desireth life, who loveth to see good days? Keep thy tongue from evil, and thy lips from speaking guile. Turn away from evil, and do good; seek peace, and pursue it. The eyes of the Lord are upon the righteous, and His ears are opened unto their supplication. The face of the Lord is against them that do evil, utterly to destroy the remembrance of them from the earth. The righteous cried, and the Lord heard them, and He delivered them out of all their tribulations. The Lord is nigh unto them that are of a contrite heart, and He will save the humble of spirit. Many are the tribulations of the righteous, and the Lord shall deliver them out of them all. The Lord keepeth all their bones, not one of them shall be broken. The death of sinners is evil, and they that hate the righteous shall do wrong. The Lord will redeem the souls of His servants, and none of them will do wrong that hope in Him.

## THE HYMN TO THE THEOTOKOS

*Instead of “It is truly meet...” we sing the hymn from St. Basil Liturgy, in tone 8*

In thee, O full of grace, all creation rejoices, the assembly of angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a little child: our God before the ages. He made thy body into a throne, and thy womb he made more spacious than the heavens. In thee, O full of grace, all creation rejoices. Glory to thee!

### READINGS

#### SUNDAY OF THE CROSS

With the help of God, we have almost reached the middle of the course of the Fast, where our strength has been worn down through abstinence, and the full difficulty of the labor set before us becomes apparent. Therefore our holy Mother, the Church of Christ, now brings to our help the all-holy Cross, the joy of the world, the strength of the faithful, the staff of the just, and the hope of sinners, so that by venerating it reverently, we might receive strength and grace to complete the divine struggle of the Fast. [From tyoos.org]

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THE HOLY MARTYR AGAPIUS OF GAZA AND THOSE WITH HIM: PLESIUS AND ALEXANDER OF EGYPT; ALEXANDER OF GAZA; ROMULUS OF DIOSPOLIS IN PALESTINE; TIMOLAUS OF PONTUS; DIONYSIUS OF TRIPOLIS IN PHOENICIA, AND ANOTHER DIONYSIUS;  
WHO WERE MARTYRED IN CAESAREA OF PALESTINE.

The Holy Martyrs Agapius, Publius (Pausis), Timolaus, Romulus, Alexander, Alexander, Dionysius and Dionysius suffered under the emperor Diocletian (284-305) in the city of Palestinian Caesarea. During one of the pagan festivals they began to torture and execute Christians who refused to offer sacrifice to idols.

The Martyr Timolaus (August 19) was sentenced to burning, and the Martyrs Agapius and Thekla (August 19) were sentenced to be torn apart by wild beasts. A group of young Christians: Publius, Timolaus, Alexander, another Alexander, Dionysius, and Romulus, the subdeacon of the Diospolis church decided to confess their faith and suffer for Christ.

As a sign of their voluntary deed they tied their own hands behind their backs and appeared before the governor Urbanus. Seeing their youth, the governor tried to persuade them to reconsider their decision, but in vain. He then threw them in prison, where there were already two Christians, Agapius and his servant Dionysius. All these saints were subjected to terrible tortures and beheaded. [From oca.org]

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#### THE HOLY APOSTLE ARISTOBULUS OF THE SEVENTY, BISHOP OF BRITAIN

Saint Aristobulus, the brother of Saint Barnabas, was ordained to be bishop in Britain by the Apostle Paul, who mentions him in his epistle to the Romans (16:10). He suffered many afflictions at the hands of the pagans, but also brought many to Christ. Having established the Church there, he finally reposed in peace. [From tyoos.org]

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#### THE HOLY NEW MARTYR MANUEL OF CRETE (+1792)

After the Ottoman Muslim conquest of Crete, the Orthodox Christian Cretans rose on a number of occasions seeking to expel the Ottoman Muslims from their island. After each uprising many

Orthodox Christians fled the island and others were enslaved and forced to convert to Islam. Among those Orthodox Christians enslaved at a very early age was a young man named Manuel from the town of Sphakia who was taken and circumcised against his will.

When the opportunity presented itself, Manuel escaped from Crete and landed on the island of Mykonos where he went to an Orthodox priest and confessed. Manuel was given a penance and later was received back into the Orthodox Church through Chrismation.

On the island of Mykonos, Manuel married and was blessed with six children. His wife, however, proved to be unfaithful, but Manuel, fearing God, decided not to punish her in any way; he simply took the children and left his house. His brother-in-law, however, blamed Manuel for leaving his wife and threatened revenge.

One day, transporting a shipment of wood from the island of Samos to the island of Mykonos, Manuel encountered a ship on which his brother-in-law was serving. Before the Muslims, the latter accused Manuel of having been a Muslim who was now an Orthodox Christian.

When taken before the captain, Manuel was asked by him to what religion he belonged. Manuel answered, "I have been an Orthodox Christian since birth."

But the captain reminded him, "Once you were an Orthodox Christian, then you willingly became a Muslim. So you must return again to our faith, for if you do not agree to do this, I will make you suffer without mercy and you will die."

Undaunted, Manuel replied, "I was an Orthodox Christian, I am an Orthodox Christian, and I will die as an Orthodox Christian."

Angry, the captain had him tortured during the entire trip to Chios where he handed Manuel over to the admiral of the fleet, the Kapudan Pasha. When they arrived, Manuel asked a fellow Orthodox Christian to find him an Orthodox priest to counsel him and to hear his confession. But none of the priests would come, for they were afraid. One did send him advice through a third party. This encouraged Manuel so he could say to himself, "It is the same with me whether I die today or tomorrow. The world is transient. Rather than die tomorrow a sinner, it is better to die today for my faith and save my soul."

The Kapudan Pasha had Manuel brought before him for questioning. When he asked Manuel what he was, Manuel responded, "I am an Orthodox Christian." But the Kapudan kadi had Manuel's trousers lowered and he saw his circumcision and asked how that had come about.

Manuel responded by saying, "I am an Orthodox Christian since birth, but I was enslaved when I was very young and forced to become a Muslim. Now I am an Orthodox Christian again."

The admiral responded by ordering his immediate execution. Manuel's reaction to this was, "Glory to You, O God." They took him to the Old Fountain where Manuel willingly knelt and awaited the executioner's sword. The executioner, however, was inept and was not able to behead Manuel with a single stroke.

Enraged over this, the executioner took hold of Manuel as though he were a sheep and cut his throat, separating his head from his body. The vali then ordered Manuel's body weighed down and thrown into the sea.

The Orthodox Christians who witnessed Manuel's martyrdom were greatly moved by it, for this act validated and strengthened their own faith.

Thus Manuel, the slave from Crete, sacrificed his life for the love of Jesus Christ on the island of Chios on March 15th, in the year 1792.

The life of St. Manuel was written by St. Nikodemos the Hagiorite. A manuscript of the life of St. Manuel is in the library of Xenophontos Monastery in Mount Athos. In 1959, by decision of

the Ecumenical Patriarchate under Patriarch Athenagoras, upon recommendation from Metropolitan Isidore of Lampi and Sphakia, the New Martyr Manuel was officially recognized as a Saint in the Orthodox Church. Monk Gerasimos Mikragiannanitis composed a service in his honor. A church was also built in his honor in Sphakia, Crete. In 2010 a church was dedicated to St. Manuel on the island of Patmos. In Mykonos, he is celebrated with a procession on the last Sunday of September, with a processional icon painted in the form of St. Manuel established by Photios Kontoglou. [From Mystgogy]

### THE DISMISSAL

*The Leader bows toward the icon of Christ on the iconostasis, saying:*

*Leader:* Glory to thee, O Christ our God and our Hope, glory to thee.

*All:* Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto ages of ages. Amen. Lord, have mercy. Lord, have mercy. Lord, have mercy. O Lord, bless.

*Leader:* O Thou Who rose again from the dead, Christ our true God, through the intercessions of his all-immaculate and all-blameless holy Mother; by the might of the Precious and Life-giving Cross—which we especially venerate today; of our venerable and God-bearing fathers; of the Holy Myrrh-Bearer and Equal to the Apostles Mary Magdalene, protector of this community; of the Martyr Agapios of Palestine and those with him; Apostle Aristoboulos of the Seventy, first bishop of Britain; New-martyrs Manuel of Crete and Parthenios, whose memory we celebrate today, and of all the saints: have mercy on us, and save us, for Thou art good and lovest mankind.

*Then, facing the icon of Christ, on the iconostasis, the Leader says:*

*Leader:* Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us, and save us.

*All:* Amen.