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READER'S TYPIKA ON SUNDAY, JUNE 28, 2026  
(4<sup>th</sup> Sunday after Pentecost)

***The Recovery of the Relics of the Holy and  
Wonderworking Unmercenaries Cyrus and John***

*Leader:* Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us, and save us.

*Reader:* Amen.

THE TRISAGION PRAYERS

*People:* Holy God, Holy Mighty, Holy Immortal: have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for thy Name's sake.

Lord, have mercy. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen

Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

*Leader:* O Lord, Jesus Christ, Son of God, have mercy on us.

*All:* Amen.

*Reader:* Lord, have mercy. (*12 times*)

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen.

O come, let us worship and fall down before God our King.

O come, let us worship and fall down before Christ, our King and our God.

O come, let us worship and fall down before the Very Christ, our King and our God.

THE FIRST ANTIPHON: PSALM 102

*Reader:* Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgement for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered, neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from

us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion.

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen

*And again:* Bless the Lord, O my soul, and all that is within me bless His holy Name; blessed art Thou, O Lord.

### THE SECOND ANTIPHON: PSALM 145

*Reader:* Glory to the Father, and to the Son, and to the Holy Spirit.

Praise the Lord, O my soul. I will praise the Lord in my life, I will chant unto my God for as long as I have my be-ing. Trust ye not in princes, in the sons of men, in whom there is no salvation. His spirit shall go forth, and he shall return unto his earth. In that day all his thoughts shall perish. Blessed is he of whom the God of Jacob is his help, whose hope is in the Lord his God, Who hath made heaven and the earth, the sea and all that is therein, Who keepeth truth unto eternity, Who executeth judgement for the wronged, Who giveth food unto the hungry. The Lord looseth the fettered; the Lord maketh wise the blind; the Lord setteth aright the fallen; the Lord loveth the righteous; the Lord preserveth the proselytes. He shall adopt for His own the orphan and widow, and the way of sinners shall He destroy. The Lord shall be king unto eternity; thy God, O Sion, unto generation and generation.

Both now and ever, and unto ages of ages. Amen.

### THE HYMN OF JUSTINIAN

*Choir:* Only-begotten Son and Word of God, who art immortal, who for our salvation willed to be incarnate of the Holy Theotokos and ever-virgin Mary, and without change became man; and wast crucified, O Christ our God, and trampled down death by death; who art one of the Holy Trinity, glorified together with the Father and the Holy Spirit: save us.

### THE BEATITUDES IN TONE THREE

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

- Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- Blessed are they that mourn, for they shall be comforted.
- Blessed are the meek, for they shall inherit the earth.
- Blessed are they that hunger and thirst after righteousness, for they shall be filled.

For the Resurrection in Tone Three

*Verse 8: Blessed are the merciful, for they shall obtain mercy.*

Thou didst banish Adam, our forefather, from Paradise, when he set at nought Thy commandment, O Christ; but Thou didst make the thief, who confessed Thee upon the Cross, to dwell therein, O Compassionate One, as he cried: Remember me, O Saviour, in Thy Kingdom.

*Verse 7: Blessed are the pure in heart, for they shall see God.*

When we sinned, Thou didst condemn us with the curse of death, O Life-giver and Lord. And having suffered in Thy body, though Thou wast without sin, O Master, Thou didst quicken all mortals, who cry out: Remember us also in Thy Kingdom.

*Verse 6: Blessed are the peacemakers, for they shall be called the sons of God.*

Having risen from the dead, Thou didst raise us also from the passions by Thy Resurrection, O Lord; and Thou didst destroy all the might of death, O Saviour; for this cause we cry out in faith: Remember us also in Thy Kingdom.

*Verse 5: Blessed are they which are persecuted for righteousness' sake, for theirs is the kingdom of heaven.*

By Thy three-day burial, as God Thou didst quicken and raise up with Thyself them that were dead in Hades; and since Thou art good, Thou didst cause incorruption to flow forth for us all, who with faith do ever cry out: Remember us also in Thy Kingdom.

*Verse 4: Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.*

Thou didst appear first unto the myrrh-bearing women when Thou hadst arisen from the dead, O Saviour, crying: Rejoice. And through them, Thou dost proclaim Thine Arising unto Thy friends, O Christ. For this cause, we cry out in faith: Remember us also in Thy Kingdom.

*Verse 3: Rejoice, and be exceedingly glad, for great is your reward in the heavens.*

When Moses spread out his arms on the mountain, he prefigured the Cross, as he triumphed over Amalek; and having with faith received it as a mighty weapon against the demons, we all cry out: Remember us also in Thy Kingdom.

*Verse 2: Glory to the Father, and to the Son, and to the Holy Spirit.*

O ye faithful, let us praise the Father, and the Son, and the Holy Spirit, one God, one Lord, as it were of one Sun; for the Trinity is of threefold radiance, and doth enlighten all them that cry: Remember us also in Thy Kingdom.

*Verse 1: Both now and ever, and unto ages of ages. Amen.*

Rejoice, O gate of God, through whom the Fashioner passed when He became incarnate, preserving thee sealed. Rejoice, thou swift cloud, which dost carry Christ, the divine Rain. Rejoice, O ladder and heavenly throne. Rejoice, O august and uncut butter mountain.

#### THE SUNDAY EISODIKON

*Verse:* O come, let us worship and fall down before Christ.

*Choir:* O Son of God, Who art risen from the dead; save us who sing unto Thee: Alleluia, Alleluia, Alleluia.

#### *Apolytikia:*

#### RESURRECTIONAL APOLYTIKION IN TONE THREE

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

#### APOLYTIKION OF ST. MARY MAGDALENE IN TONE ONE

*(\*\*The soldiers standing guard\*\*)*

When Christ God had been born for our sakes from the Virgin, thou faith-fully didst follow Him, keeping His statutes and heeding His sacred laws, O august Mary Magdalene. Hence, as we today observe thy holy remembrance, we receive the loosing of our sins and transgressions through thy holy prayer(s) for us.

## THE TRISAGION HYMN

Holy God, Holy mighty, Holy Immortal have mercy on us. (*thrice*)  
Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Holy Immortal have mercy on us.

Holy God, Holy mighty, Holy Immortal have mercy on us.

## THE APOSTOLOS & THE GOSPEL

### PROKEIMENON, TONE 3

O chant unto our God, chant ye; chant unto our King, chant ye. (*Ps.46:6*) {*twice*}

*Verse:* Clap your hands, all ye nations; shout unto God with a voice of rejoicing. (*Ps.46:1*)

O chant unto our God, chant ye; chant unto our King, chant ye.

### APOSTOLOS OF THE 4<sup>TH</sup> SUNDAY AFTER PENTECOST:

*Reader:* The reading is from the Epistle of St. Paul to the Romans §93 (6:18-23).

Brethren, having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

### ALLELUIA, TONE 3

*Choir:* Alleluia, Alleluia, Alleluia.

*Verse 1:* In Thee, O Lord, have I hoped, let me not be put to shame in the age to come. (*Ps.30:1a*)

*Choir:* Alleluia, Alleluia, Alleluia.

*Verse 2:* Be Thou unto me a God to defend me and a house of refuge to save me. (*Ps.30:2b*)

*Choir:* Alleluia, Alleluia, Alleluia.

### GOSPEL OF THE 4<sup>TH</sup> SUNDAY OF MATTHEW:

*Reader:* The reading is from the Holy Gospel according to St. Matthew §25 (8:5-13).

*Choir:* Glory the Thee O Lord, Glory to Thee.

*Reader:* At that time, as Jesus entered Capernaum, a centurion came forward to him, beseeching Him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And Jesus said to him, "I will come and heal him." But the centurion answered Him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, He marveled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the Kingdom of Heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

*Choir:* Glory the Thee O Lord, Glory to Thee.

*Then we sing the following, in tone 6*

*Choir:* Remember us, O Lord, when Thou comest in Thy kingdom.

- Remember us, O Master, when Thou comest in Thy kingdom.
- Remember us, O Holy One, when Thou comest in Thy kingdom.

The heavenly choir praiseth Thee and saith: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

*Verse: Come unto Him, and be enlightened and your faces shall not be ashamed.*

The heavenly choir praiseth Thee and saith: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

The choir of Holy angels and archangels, with all the heavenly hosts praiseth Thee and saith: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

*Both now and ever, and unto the ages of ages. Amen.*

### THE SYMBOL OF FAITH

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible;

And in one Lord Jesus Christ, the Son of God, the Only-begotten, Begotten of the Father before all worlds, Light of Light, Very God of Very God, Begotten, not made; of one essence with the Father, by whom all things were made: Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and was made man; And was crucified also for us under Pontius Pilate, and suffered and was buried; And the third day He rose again, according to the Scriptures; And ascended into heaven, and sitteth at the right hand of the Father; And He shall come again with glory to judge the living and the dead, Whose kingdom shall have no end.

And I believe in the Holy Spirit, the Lord and Giver of Life, Who proceedeth from the Father, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets;

And I believe in One Holy Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins. I look for the Resurrection of the dead, And the Life of the world to come. Amen.

*Leader:* Remit, pardon, forgive, O God, our offenses, both voluntary and involuntary, in deed and word, in knowledge and ignorance, by day and by night, in mind and thought; forgive us all things, for Thou art good and the Lover of mankind.

*All:* Amen

Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

*Leader:* O Lord Jesus Christ, Son of God, have mercy on us.

*All:* Amen.

*Kontakia:*

### KONTAKION OF THE RESURRECTION IN TONE THREE

(\*\**On this day the Virgin*\*\*)

On this day didst Thou arise \* out of the grave and didst lead us \* from the bars and gates of death, \* Thou Who art great in compassion. \* On this day, both Adam danceth \* and Eve rejoiceth; \* and with them, all of the Patriarchs and the Prophets \* chant unceasing hymns in praise of \* the godly power \* of Thy dominion and might.

## KONTAKION OF THE SEASON IN TONE TWO

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant: O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

*Leader:* Lord, have mercy. (12 times)

O All-Holy Trinity, the consubstantial dominion, the indivisible Kingdom, and cause of every Good: Show Thy good will even unto me a sinner; make steadfast my heart and grant it understanding, and take away mine every defilement; enlighten my mind that I may glorify, hymn, worship, and say:

*Choir:* One is Holy, One is Lord, Jesus Christ, to the Glory of God the Father. Amen.

### PSALM 33

*Reader:* Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen

I will bless the Lord at all times, His praise shall continually be in my mouth. In the Lord shall my soul be praised; let the meek hear and be glad. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me, and delivered me from all my tribulations. Come unto Him, and be enlightened, and your faces shall not be ashamed. This poor man cried, and the Lord heard him, and saved him out of all his tribulations. The angel of the Lord will encamp round about them that fear Him, and will deliver them. O taste and see that the Lord is good; blessed is the man that hopeth in Him. O fear the Lord, all ye His saints; for there is no want to them that fear Him. Rich men have turned poor and gone hungry; but they that seek the Lord shall not be deprived of any good thing. Come ye children, hearken unto me; I will teach you the fear of the Lord. What man is there that desireth life, who loveth to see good days? Keep thy tongue from evil, and thy lips from speaking guile. Turn away from evil, and do good; seek peace, and pursue it. The eyes of the Lord are upon the righteous, and His ears are opened unto their supplication. The face of the Lord is against them that do evil, utterly to destroy the remembrance of them from the earth. The righteous cried, and the Lord heard them, and He delivered them out of all their tribulations. The Lord is nigh unto them that are of a contrite heart, and He will save the humble of spirit. Many are the tribulations of the righteous, and the Lord shall deliver them out of them all. The Lord keepeth all their bones, not one of them shall be broken. The death of sinners is evil, and they that hate the righteous shall do wrong. The Lord will redeem the souls of His servants, and none of them will do wrong that hope in Him.

## THE HYMN TO THE THEOTOKOS

It is truly meet and right to bless thee, O Theotokos, who art ever blessed and all-blameless, and the Mother of our God. More honourable than the cherubim and more glorious beyond compare than the seraphim, thou who without corruption bearest God the Word and art truly Theotokos: We magnify thee.

### READINGS

#### THE RECOVERY OF THE RELICS OF THE HOLY AND WONDERWORKING UNMERCENARIES CYRUS AND JOHN

The Transfer of the Relics of the Holy Martyrs, Unmercenarries and Wonderworkers, Cyrus and John from the city of Konopa, near Alexandria (where they suffered in the year 311) to the nearby

village of Manuphin, took place in the year 412. This Egyptian village prompted fear in everyone, since in a former time there was a pagan temple inhabited by evil spirits. Patriarch Theophilus (385-412) wanted to cleanse this place of demons, but he died. His wish was fulfilled by his successor in the See of Alexandria, the holy Patriarch Cyril (412-444). He prayed fervently in carrying out this project. An angel of the Lord appeared in a vision to the hierarch and commanded the venerable relics of Saints Cyrus and John be transferred to Manuphin. His Holiness Patriarch Cyril did the angel's bidding and built a church at Manuphin in the name of the holy martyrs.

From that time this place was purified of the Enemy's influence, and by the prayers of the holy Martyrs Cyrus and John there began to occur many miracles, healings of the sick and infirm.

The main commemoration of these Saints is on January 31.

*An account Saints Cyrus and John from January 31 Synaxarion*

Saint Cyrus was a noted physician in the city of Alexandria, where he had been born and raised. He was a Christian and he treated the sick without charge, not only curing their bodily afflictions, but also healing their spiritual infirmities. He would say, "Whoever wishes to avoid being ill should refrain from sin, for sin is often the cause of bodily illness." Preaching the Gospel, the holy physician converted many pagans to Christ. During the persecution by Diocletian (284-305), Saint Cyrus withdrew into Arabia, where he became a monk. He continued to heal people by his prayer, having received from God the gift to heal every sickness.

In the city of Edessa at this time lived the soldier John, a pious Christian. When the persecution started, he went to Jerusalem and there he heard about Saint Cyrus. He began to search for him, going first to Alexandria and then to Arabia. When Saint John finally found Saint Cyrus, he remained with him and became his faithful follower.

They learned of the arrest of the Christian woman Athanasia and her three young daughters. Theoctiste was fifteen; Theodota, was thirteen; and Eudoxia, was eleven. Saints Cyrus and John hastened to the prison to help them. They were concerned that faced with torture, the women might renounce Christ.

Saints Cyrus and John gave them courage to endure what lay before them. Learning of this, the ruler of the city arrested Saints Cyrus and John, and seeing their steadfast and fearless confession of faith in Christ, he brought Athanasia and her daughters to witness their torture. The tyrant did not refrain from any form of torture against the holy martyrs. The women were not frightened by the sufferings of Saints Cyrus and John, but courageously continued to confess Christ. They were flogged and then beheaded, receiving their crowns of martyrdom.

At the same place they executed the Holy Unmercenaries Cyrus and John. Christians buried their bodies in the church of the holy Evangelist Mark. In the fifth century the relics of Saints Cyrus and John were transferred from Canopis to Manuphin. Later on their relics were transferred to Rome, and from there to Munchen (Munich) (another account is located under June 28).

Saints Cyrus and John are invoked by those who have difficulty in sleeping. [From oca.org]

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THE HOLY MARTYR PAPPAS

Numerous Christians were slaughtered during the persecution under Diocletian and Maximian in the early IV century, and Saint Pappias was one of those arrested for preaching the Gospel. The idol-worshippers tried to force him to sacrifice to the pagan gods, but he refused to deny Christ. Therefore, he was imprisoned and tortured for several days. When he remained unshakeable in his faith, he was beheaded, and his soul ascended victoriously into Heaven. [From oca.org]

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### SAINT PAUL, THE PHYSICIAN OF CORINTH

Saint Paul the Physician, from the city of Corinth, in his youth took monastic tonsure at one of the monasteries. Here the saint toiled much and became an experienced ascetic.

Once Paul, through demonic malice, was slandered by a woman. She came to the monastery with a newborn infant and said, that Saint Paul was the father. The Elder with humility and joy endured the slander, he did not deny it and he took the infant, as though it were his own son. When they began to reproach the saint for breaking his monastic vows, Saint Paul said, “Brethren, let us ask the infant who his father is!” The newborn, pointing his hand at the blacksmith, said, “Here is my father and not the monk Paul.” Seeing this miracle, people bowed down to the Elder, asking forgiveness. From this time Saint Paul received from God the gift of healing the sick, whereby he received the name physician. Saint Paul died at age 70. [From oca.org]

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### OUR RIGHTEOUS FATHER MOSES THE ANCHORITE

In his *Synaxaristes*, Saint Nikodemos the Hagiorite informs us that the Moses commemorated on June 28th is not the Ethiopian, because he is commemorated on August 28th, therefore it is believed that the Moses referred to on this day is the Moses that Saint John Cassian spoke with, their conversation being recorded in the first two books of the Conferences. We know that this Moses is not the same Moses as the Ethiopian, because he specifically says in this text that Moses entered the desert monastery in his youth. [From Mystagogy — where the complete text of the first two conferences recorded by John Cassian is provided]

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### VENERABLE SERGIUS AND HERMAN, ABBOTS OF VALAAM MONASTERY

Saints Sergius and Herman settled on the island of Valaam in 1329. The brethren gathered by them spread the light of Orthodoxy in this frontier land. The Karelian people began to regard Christianity with renewed suspicion, with its authority in the fourteenth century being undermined by the Swedes, who sought to spread Catholicism by means of the sword.

Saints Sergius and Herman died about the year 1353. They are also commemorated on September 11 (the translation of their holy relics). [From oca.org]

### THE DISMISSAL

*The Leader bows toward the icon of Christ on the iconostasis, saying:*

*Leader:* Glory to thee, O Christ our God and our Hope, glory to thee.

*All:* Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto ages of ages. Amen. Lord, have mercy. Lord, have mercy. Lord, have mercy. O Lord, bless.

*Leader:* O Thou Who rose again from the dead, Christ our true God, through the intercessions of his all-immaculate and all-blameless holy Mother; of our venerable and God-bearing fathers; of the *Holy Myrrh-Bearer and Equal to the Apostles Mary Magdalene*, protector of this community; of the holy Martyrs Cyrus and John the Unmercenaries; the holy martyr Pappias; Paul the Physician of Corinth; Venerable Moses the anchorite; and Venerable Sergios and Herman, whose memory we celebrate today, and of all the saints: have mercy on us, and save us, for Thou art good and lovest mankind.

*Then, facing the icon of Christ, on the iconostasis, the Leader says:*

*Leader:* Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us, and save us.

*All:* Amen.